



An old expression is “April showers bring May flowers” so any time now we will start to see gardens in full bloom.

Due to printing times, some items in this message may have occurred in the past.

One thing I must mention early is visits to clubs and/or zones by members of the U S C O executive. If you would like a member of the executive to visit and speak at a meeting, please put your request in writing to our office. Included may be a request for a particular person to speak and in those instances every effort will be made to accommodate your request.

In March at a meeting with the Senior Secretariat, the Alzheimers Society made a presentation on the impact of dementia on Canadian society. Dementia refers to disorders of the brain that slowly destroy memory and reasoning, erodes independence and eventually takes life. There are other irreversible dementias, however Alzheimers disease accounts for 64% of all cases. Two years ago (2008) the projected incidence of new cases was 103,700 per year and is expected to be 2.5 times that by 2038.

At the same meeting Kathy Kastner was a speaker. She is the president and founder of a website Ability (4) Life.com It deals with questions and answers among other things about adult children caring for aging parents or maybe we should say seniors caring for seniors.



On March 31 the regulation for retirement homes was entered into provincial parliament and was then made available to the public. A special meeting with the Senior Secretariat was called which I attended. The regulation has changed my thoughts dramatically of what a retirement home was. As I read the regulation it seemed to me that they have become another level of Long Term Care Home where you contract for the care you believe you need. However I must caution you, don't take my word for it. If you are thinking about a retirement home ask or read for yourself. I guess we will just have to wait and see.

So much for my travels for now. Until next time - so long and look after yourselves and look out for each other.

